

## A quick guide on body washing with octenisan® wash mitts.

octenisan® wash mitts are a ready-to-use cleansing mitt designed to clean and care for the skin. The gentle antibacterial formula is suitable for all skin types and contains no added colour or perfume. The mitts can be used for the whole body including cleaning the face. No rinsing is required after using the mitts.

- For longer-term daily use, a regular wash with water (shower or bath) should be performed once weekly.
- For added comfort, octenisan® wash mitts can be heated before use.

**Preparation**

30 seconds  
600 Watt

**Preparation**

**Step 1**

**Step 2**

**Step 3**

**Step 4**

**Step 5**

**Step 6**

**Step 7**

**Step 8**

octenisan® wash mitts pack can be warmed in the microwave. (30 secs/600W)

Remove one wash mitt at a time and place your hand inside the mitt.

Clean the face first, then the neck and chest area. (Pay special attention to the area around the nose and ears.)

Use the second mitt to clean the right arm and armpit area.

Use the third mitt to clean the left arm and armpit area.

Use the fourth mitt to clean the abdominal area, and then the groin area.

Use the fifth mitt for cleaning the right leg.

Use the sixth mitt for cleaning the left leg.

Use the seventh mitt for cleaning the back.

Use the eighth mitt for cleaning the perineal area first and then the buttocks.

Please dispose of used mitts in the bin.

